

The Chimes

March 2023



Sunday Worship

9:00 am Sunday school for Children and Adults

*10:00 am Worship service
(also livestreamed)*

Live stream:

www.facebook.com/stpaulsardmore

&

www.youtube.com/stpaulslutheranchurchardmore

*Saint Paul's Evangelical Lutheran Church
415 E. Athens Ave., Ardmore, PA 19003
The Rev. Laura Tancredi, Pastor
The Rev. Timothy Ness, Youth & Family Minister
610-642-3211
www.stpaulsardmore.org*

2023 Congregation Council

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**Chimes publication
information**

The Chimes, the newsletter of Saint Paul's Evangelical Lutheran Church, is published for the inspiration, education and entertainment of its members and friends. Comments and suggestions are welcome. Just mail, e-mail or deliver them to the church office.

The next issue of The Chimes will be published on Thursday, March 30.

Your articles are due to carisa@stpaulsardmore.org no later than Friday, March 24.

Pastor's Letter



Dear Siblings in Christ,

As I write this article, we are just about a week into the season of Lent, which began on Ash Wednesday, and concludes during Holy Week. This time of year, I hear the question again and again: “What are you giving up for Lent?” Or, perhaps a little more gently, “Are you giving anything up for Lent?”

The practice of ‘giving something up’ for Lent comes from one of the traditional practices of the season: fasting. But sometimes it seems as if this ancient practice has become trivialized. Lenten fasts become a second chance at failed New Year’s Resolutions, instead of practices aimed to draw us closer to God. That’s not say that they can’t be good and meaningful, just that we ought to keep the purpose in mind when thinking about them.

Lent is a time to return to the Lord. To assess the ways our lives have gotten out of sync with God’s intention. Prayer, fasting, and almsgiving have been the three traditional practices of Lent that seek to help us do this. I’d like to share what I’ll be doing for each of these practices—not just fasting—for this Lent.

Prayer: An increased attention to one’s prayer life is a frequent practice in Lent. This year, I’ll be using the daily devotionals we’ve made available to the whole congregation, titled “Ask.” There are copies of these available in the narthex. We also have additional services during Lent, on Wednesday evenings at 7:00. Our guest preachers this year will be expanding on the theme of a Lenten Fast.

Fasting: Fasting has always been a part of Lent, and often that has entailed a physical fast from some type of food—or from food on particular days. The intentions of these fasts is always to draw us closer to God’s intentions for us. This year, inspired by one of our members, my goal is to fast from criticizing (others and myself). Other Lents, I’ve tried to fast from things like single-use plastics, mindless scrolling, and making purchases outside of food or other necessities.

Almsgiving: Also known as charity, special attention is paid to giving to those in need during Lent, in part because of Jesus’ particular concern for the poor and outcast. Is there a worthy cause or organization that you could make a donation to this month? Or, if that’s not possible, maybe a group that needs your time and energy?

However you observe Lent—whether it’s through one or more of these practices, or

something else entirely—I pray you have a blessed and holy season. May we be drawn in by God’s never-ceasing love, nourished in our faith, and (re-)shaped as God’s hands and feet in the world.

In Christ,

Laura M. Tancredi

Pastor Laura

Prayers

Please pray for our men and women in the armed services, Shane Boston, Army, (son of Kim Boston); and Sean Hopkins (son of Terry Hopkins).

Prayers are also requested for: Michael Anuszewski (brother-in-law of Daniel Dry); Miranda Bagnet (friend of Beth McElvenney); Tina Brady (friend of Dottie Buchanan); Dottie Buchanan, Charlotte Conybear, Liza Smiles DeBlis (friend of Claudia Muller); Carl DellaBadia (brother-in-law of Judi DellaBadia); Mary Devereaux (niece of Boofie Younkin); Diane Duane (friend of Hazel Pelletreau); Theresa Dry (sister of Dan Dry); Denise Fenstermacher (cousin of Bob Burns); Jo Fenstermacher (cousin of Bob Burns); Pat Fenstermacher (cousin of Bob Burns); Sandy Foote (friend of Sandy Farina); Salvatore Giafaglione (brother-in-law of Evelyn Reider); Gunda Grabowski (aunt of Mark Muller); Carolyn & Dan Joseph, Jim Kamedze (cousin of Bob Burns); Tom Keyser, Virginia Maroun (friend of Hazel Pelletreau); Kathleen Martini (friend of Laurie DeWarf); Stephanie McClay (friend of Belle Miller); Lynda McNab, Lindsey Miller (daughter-in-law of the Miller’s); Irma Payan, Kris Peterson, Walter Proschinger (brother of Christa Scheidly); Johnathan Richards (friend of Pastor Tim); Claire Robinson; Bob Rogers (brother of Lynda McNab); Dorothy Schulz (sister of Carol Hammarberg); Skylar Seeley (friend of Spencer Schumacher); Bill Stoll (friend of Melissa Krissinger); Lily Walker (friend of Sarah Krissinger); Alyson (cousin of Jane Downing); Bart (brother of Gail Feustel); Jenn Phelps and Betty (aunt of Liz Cassidy).

Wednesdays in Lent

6:00 pm Soup Supper

7:00 pm Holden Evening Prayer

Theme: A Lenten Fast

*Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the straps of the yoke,
to let the oppressed go free,
and to break every yoke? –Isaiah 58:6*

Join us Wednesdays in Lent as we consider the fast to which God calls us. Lent is traditionally a time of fasting, and this Lent we'll dive deeper into that. What type of fast is pleasing to God? What type of things are we called to fast from?

Guest Preachers

March 1 Rev. Regina Goodrich

March 8: Rev. Dr. Noah Hepler

March 15: Rev. Dr. J. Jayakiran Sebastian

March 22:

March 29: Rev. Dr. James Pollard

Soup & Bread Suppers in Lent

Sign up in Fellowship Hall

If you are preparing soup, please provide a list of ingredients to assist those with allergies.

Families with Young Children
Breakfast with the
Easter Bunny
Saturday, March 25
9:00 am



There will be breakfast, crafts, an egg hunt, and Bunny visits!

Bagels, spreads, and coffee will be provided. We are asking families to bring fruit or a side dish to share.

RSVP to carisa@stpaulsardmore.org by 3/20.

Donate to Vote!

Social Ministry is looking for your food votes! Use your donation of non-perishable food to vote for your favorite item in the competition each month.

Tea is the winner of the coffee vs. tea February challenge

March challenge:
Dressings vs. Sauces

All donations will be delivered to the Ardmore Food Pantry.

Thank you for your generosity –
St. Paul's Social Ministry Committee

March Movie Club Discussion

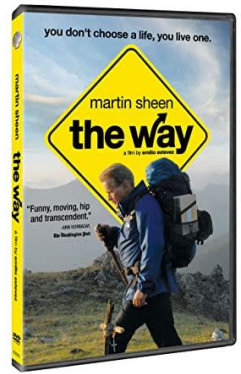
Monday, March 27

7:30 pm

The Way

Rating: PG-13

Sunday, March 19 join us to watch the movie at **4:00 pm** in the Kugler Room.



"The Way" is a powerful and inspirational story about family, friends, and the challenges we face while navigating this ever-changing and complicated world. Martin Sheen plays Tom, who comes to St. Jean Pied de Port, France to collect the remains of his adult son, killed in the Pyrenees in a storm while walking the Camino de Santiago. Rather than return home, Tom decides to embark on the historical pilgrimage to honor his son's desire to finish the journey. What Tom doesn't plan on is the profound impact the journey will have on him. From the unexpected and, oftentimes, amusing experiences along "The Way," Tom begins to learn what it means to be a citizen of the world again. Through his unresolved relationship with his son, he discovers the difference between "the life we live and the life we choose."

Tuscarora Retreat for SPY

Youth in grades 7-12 are invited to sign up for the Tuscarora Lutheran Youth retreat, taking place **March 24-26** at Tuscarora Retreat Center in Mt. Bethel, PA.

Our group will join Lutheran youth from around the greater Philadelphia area for a weekend of worship, study, and plenty of time for fun. The theme for the weekend is “Do Justice, Show Love, Walk Humbly with God”.

Cost is \$150 per person. To sign up email Carisa in the church office carisa@stpaulsardmore.org.

Email Pastor Tim tness@stpaulsardmore.org with any questions.



St. Paul's men's group enjoying an evening of indoor golf last month.

March Birthdays

- 1 Mason D'Antonio
- 3 Trinh Tran
- 4 David Miller, Tyler Stellwagen, Savina Tintera
- 5 Aurora Shaw
- 6 Jeanne Nelson
- 7 Robin Hoose
- 8 Donna Carstens, Michael Cassidy
- 9 Kelly Mazzanobile
- 10 Kai Isenberg, Christine Jerpbak
- 11 Mara Gutman, Abigail Lynch, Kimberly Schumacher
- 12 Susan Osborne
- 13 Caroline Conybear, Sonja Streuber
- 14 Katherine Bode
- 15 Chris Fritton
- 16 Mark Foust, James Kistler, Alex Norquist
- 17 Sarah Gutman, Julia Manning
- 18 Shane Boston, Mike Burns, David Wilson
- 19 Erika Gibb, Thomas Stellwagen, Aileigh Stout, Iain Stout
- 20 Judi DellaBadia, Sally Foster-Chang, Kate Schmeiss
- 21 James Dean
- 22 Colleen Kolb, Jason Kunsä
- 23 Andreas Gustafsson, Hanna Gustafsson, Alexa Schommer, Jim Stetler
- 24 Laura Balcer, Gail Feustel, Missy Perry, Abby Venezia
- 25 Rebecca Cronin, Caleigh Foust, Luca Norquist Bill Wagner
- 26 Kristen Copeland
- 27 Richard Schmeiss
- 28 Abigail Frey, David Simmons
- 29 Adalynn D'Antonio, Lorie Foust, Ava Sack, Sam Vettori, Irma Walters
- 30 Chris Cannon, Hayley O'Neill, Carolyn Stellwagen, Lynn Yancavage



Easter Decorations & Music

I/We would like to share in decorating Saint Paul's for Easter, as indicated below:

In loving memory of _____

In honor of _____

Name(s) of donor(s): _____

_____ Potted Easter lilies @ \$12.50 per plant	= \$ _____ enclosed
Contribution toward decorations	= \$ _____ enclosed
Total	= \$ _____ enclosed



I/We would like to sponsor a musician for the Easter services:

In loving memory of _____

In honor of _____

Name(s) of donor(s): _____

_____ Brass instrumentalist(s) @ \$250.00	= \$ _____ enclosed
Entire brass ensemble @ \$1000.00	= \$ _____ enclosed
Donation in any amount	= \$ _____ enclosed

Any funds received in excess of the actual cost of the brass ensemble will be used to support the music program at Saint Paul's. Names of all contributors will appear in the Easter bulletin.

The church office must receive your completed form and check payable to *St. Paul's Lutheran Church* **no later than Monday, April 3**, in order to include your information in the bulletin.

Saint Paul' s Evangelical Lutheran Church
415 East Athens Avenue
Ardmore, Pennsylvania 19003-3197

Change Service Requested
Time Dated Material